

# BLOOD PANEL REQUEST FORM

## Glucose Panel

- Fasting Glucose
- Fasting Insulin
- HGB (A1C)

## Lipid Panel

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol

**\*THIS IS NOT A PRESCRIPTION FOR BLOOD WORK\***  
YOU **MUST** GET A WRITTEN PRESCRIPTION FROM YOUR PHYSICIAN FOR ANY RECOMMENDATION TO BE COVERED BY YOUR INSURANCE OR YOU WILL BE CHARGED OUT OF POCKET.

## Cardiac, Inflammation, Immune System

- C Reactive Protein
- Homocysteine
- MTHFR
- Metabolic Panel
- CBC with Differential

## Thyroid Panel

- T3 Uptake
- Reverse T3
- T4
- Free T4, T3
- T7 Free Thyroxin Index
- Thyroid Stimulating Hormone (TSH)
- Thyroid Antibodies
- Parathyroid (PTH)
  
- Vitamin B12
- Vitamin D3
- Iron/Ferritin

## Hormone Panel

- Cortisol (8 a.m. blood draw)
- DHEA-S
- Estrogens E1, E2, E3
- Progesterone
- Pregnenolone
- Sex hormone-binding Globulin (SHBG)
- Free Testosterone

## Chronic Infections

- CMV
- Epstein Barr Virus (EBV)
- Lyme's

**NOTES:** \_\_\_\_\_

**Please Note: \*This is not a prescription for blood work. You must get a written prescription from your physician for any recommendations to be covered by your insurance.**

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